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# around **ealing** extra

4 January 2024



## Season's of Ealing photography competition

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### Investing in active travel

A new cycle lane has been opened along the Greenford Road as part of the council's ambitious active travel plans that will see the investment of at least £10m. Not only will the plans increase cycling, walking, running and scooting, they will also help reduce pollution caused by vehicle use.

[GET CYCLING](#)



### Recycling your Christmas tree

Get the new year off to a green start by recycling your real Christmas tree in a quick, easy and environmentally friendly way. Leave it out as part of your kerbside rubbish and recycling collections, or by drop it off at a local park or reuse and recycle centre by 2 February.

## TREE RECYCLING



## Help for survivors of domestic abuse

Although domestic abuse can happen to anyone, most survivors are female, and tackling male violence against women and girls (MVAWG) is a top priority for the council. Support, help and advice for those who have suffered abuse at the hands of someone they know is available.

HELP



## Help finding work

Get your CV up to date and prepare for interviews with free workshops by CAP job club in Northfields. Find out more at drop-in sessions on 9 and 16 January as well as register for a free 10-week course, starting on 23 January.

FIND WORK



## Space to grow

The Western Road Urban Garden in Southall is the latest community growing space opened in the borough, allowing residents the opportunity to grow food locally, reduce our carbon footprint and provide a home for wildlife.

GET GROWING



## New exciting event

A new ultra marathon is coming to the borough, sweeping through parkland, open spaces and along canal paths on 23 March. Whether you want to run or walk the route, or perhaps volunteer, it's all about getting involved.

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